

for the succinct way in which, in a recent issue, you set out the position of that Association in relation to the Registration question. Those of us who know the history of this Association for the last seven years know that, high as were our hopes of the future before it during the first years of its existence, we can never again trust our professional affairs in its hands while the present officers are in power; for those who have sacrificed our interests once, on the ground of expediency, may at any time sacrifice them again for the same reason.

Moreover, before any real work can be done by the Association the members must be free to put down on the agenda for discussion any resolutions which seem good to them, not only those which are palatable to the officials; yet, if I am correctly informed, Nurse James obtained the official "consent" before giving notice of her intention to bring forward the question of Registration at the annual meeting. This being so, no doubt discussion of the question will be permitted, but is it not somewhat of a farce that a body of professional women should find it necessary to obtain this consent before they can discuss a question which so vitally concerns them in what should be their own Association? There are many of us who think so, and who have in consequence severed our connection with an Association so manipulated. We prefer to do our business in societies where courtesy on the part of the officials and free speech in debate are the recognised procedure.

I am, dear Madam,

Yours faithfully,

A Late Member of the General Council R.B.N.A.

Comments and Replies.

Private Nurse.—If you wear outdoor uniform, then you should always make a point of keeping it tidy, well-brushed, and neat, and discard it when it begins to look shabby. If you label yourself as a member of a profession, then your duty to it should lead you to be jealous for its honour. Nothing looks worse than a shabby uniform cloak and bonnet.

Nurse James.—The sermon preached by the Rev. G. Weigall, in the chapel of St. Thomas's Hospital, of which he is hospitaller, in memory of the late Matron, Miss L. M. Gordon, has now been printed and can be obtained on application to the chaplain at the hospital.

Mrs. Henderson.—We do not think that the difficulty of securing the services of fully-qualified nurses to take up nursing work in rural districts is due to any want of readiness on their part to devote themselves to this branch of work, but rather to the inadequate salaries usually offered. After all, a nurse must live, and, considering the arduous nature of her work, should be able to live comfortably. Yet many high-born ladies expect nurses to accept salaries which they would not dream of offering to their own maids, well knowing that no self-respecting maid would take such meagre pay. We confess we have no sympathy with philanthropy done on the cheap at the expense of the worker.

Nurse Birmingham.—You will be well-advised to obtain a certificate for maternity nursing. Every nurse should aim at experience in at least the three great branches of her profession—medical, surgical, and obstetric nursing—before she considers herself qualified.

Notices.

EDITORIAL RECIPROCIITY.

We are informed that many nurses in America do not subscribe to this journal because of the trouble of obtaining a foreign money order, and *vice versa*, with English nurses in reference to the *American Journal of Nursing*. The Editors of these two journals, whose aims and policy are identical, have therefore arranged to make things easy for these busy nurses, and, to save trouble, will receive and forward subscriptions. Thus any subscriber to this journal wishing to subscribe for the American journal may send the 10s. 6d., with the address to which she wishes the journal sent, to The Manager, BRITISH JOURNAL OF NURSING Office, 11, Adam Street, Strand, W.C., and it will then be duly forwarded to the publishing office of the American journal at Philadelphia. Thus a cheque for 17s. will enable those interested in nursing matters to receive both journals for twelve months without further trouble.

A HELPING HAND.

The Editor will be greatly obliged if regular subscribers who receive an additional copy of this journal, will pass it on to some friend who is likely to be interested in the aims of the journal, and also if they will encourage their friends to become subscribers.

OUR PRIZE PUZZLE.

Rules for competing for the Pictorial Puzzle Prize will be found on Advertisement page VIII.

Clever Boy.

TOOK THE TEACHER'S FOOD.

Careful observation on the part of parents and school authorities as to proper food to use to bring up children will lead to a healthy generation.

A pupil in a large city school says, "I had a severe attack of typhoid fever, after which I was so very weak and delicate that I could not attend school regularly.

"One day our teacher, who is a great student and able teacher, gave a lesson in physiology, in which proper food was discussed. She recommended Grape-Nuts fully-cooked cereal food to the class, as she had used the food a long while, and watched results.

"I thought that if Grape-Nuts had enabled her to teach a class of boys as she taught us, the food would do me good in my weak state, and I commenced eating it.

"I have used Grape-Nuts steadily for over a year, am a little past fifteen years old, and now measure 5 ft. 8 in., weight 9 st. 11 lb., and am strong and well, having entirely recovered from my weak and delicate condition. I am very fond of athletics, and join actively in all the sports in our vicinity.

"I can truthfully say that Grape-Nuts is just the food for me, and has built me up into a strong, active boy."

Name given by Grape-Nuts Co., Temple Chambers, London, E.C.

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